FOGUS GROUP



Challenge Yourself!

Enfield Youth Services

Angelo Lamagna Center 19 North Main Street Enfield, CT 06082

Ages: 13-15

When:

8-week course 5:00 p.m. - 6:00 p.m. on Tuesdays June 15th – August 3rd

Group Agenda:

Learn good decision making skills
Avoid negative peer pressure
Understand feelings
Learn coping skills
Applying skills
Handling Anger

Contact Info:

Steve Opalenik, MLI - Liz Czarnecki, MLI (860) 253-5046 – sopalenik@enfield.org

